



Do You Recognize Any of these Symptoms Associated With Alzheimer’s disease?

Only a doctor can diagnose the early symptoms of Alzheimer’s disease. However some of the differences between the signs of Alzheimer’s disease and typical age-related changes are shown below:

Signs of Alzheimer's disease	Typical age-related changes
Difficulty remembering recent events	Some difficulty remembering events from the past
Poor judgment and decision making	Making a bad decision once in a while
Inability to manage a budget	Missing a monthly payment
Losing track of the date or the season	Forgetting which day it is and remembering later
Difficulty having a conversation Repeating the same stories over and over again	Sometimes forgetting which word to use
Misplacing things and being unable to retrace steps to find them	Losing things from time to time
Changes in mood and personality, inappropriate social behavior	Developing very specific ways of doing things and becoming irritable when a routine is disrupted
Withdrawal from work or social activities	Sometimes feeling weary of work, family and social obligations
New problems with spoken and written words	Sometimes struggling to find the right words
Trouble understanding visual images	Struggling with vision due to age - related eye impairment
Difficulty completing familiar tasks at home, work or leisure	Occasionally needing help with technical settings

Adapted from Alzheimer’s association <http://www.earlysymptomsalzheimers.com/>

Whether caring for a loved one experiencing these symptoms, or noticing these symptoms in yourself it’s important that you visit with your physician. Call (718) 931.3000 to learn more.